

FRANKFORT BLACK BELT ACADEMY CLASS SCHEDULE

FBBA Winter Schedule effective date 12-1-2009

TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
4:45 - 5:15 TT White - Yellow Basic	4:45 - 5:15 TT All Ranks Basic	4:45 - 5:30 TT Camo - Purple BBC	<i>Leadership classes</i>
4:45 - 5:30 TT White - Yellow BBC	4:45 - 5:30 TT All Ranks BBC	5:15 - 6:00 TT White - Yellow BBC	<i>Demo Practices</i>
5:15 - 6:00 TT Camo - Purple BBC	5:30 - 6:15 Juniors & Adults White - Blue Basic	5:30 - 6:00 TT White - Yellow Basic	<i>Protech Seminars</i>
6:00 - 6:45 All Juniors - Basic	5:30 - 6:30 Juniors & Adults White - Blue BBC	6:00 - 6:45 All Juniors - Basic	<i>Regional Tournaments</i>
6:00 - 7:00 All Juniors BBC	6:15 - 7:15 Juniors & Adults Brown - Black BBC	6:00 - 7:00 All Juniors - BBC	DATES AND TIMES FOR THE ABOVE SPECIAL CLASSES WILL CHANGE MONTHLY
6:45 - 7:45 All Adult ranks BBC		6:45 - 7:45 All Adult ranks - BBC	
7:00 - 7:45 All Adult ranks Basic		7:00 - 7:45 All Adult ranks Basic	
	7:15 - 8:15 LEADERSHIP CLASS		
	LAST WEDNESDAY OF EACH MONTH		

TT Tiny Tiger class

BBC Black Belt Club Members only

Leadership class scheduled for last Wednesday evening of each month

website: www.atafrankfort.com email: info@atafrankfort.com

Frankfort Black Belt Academy

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